

Friday, September 28, 2018		
0700 - 1700	Conference Registration	Whistler Ballroom Foyer
0700-0830	Breakfast	Whistler Ballroom Foyer
0800 - 0805	<b>Opening Remarks - Howard Green, DPM, DABPS, FACFAS</b> <i>President, BCPMA</i>	Whistler Ballroom A
0805 - 0835	<b>Compounding Ideas for Dystrophic Nails, Verruca, and Commonly Seen Podiatric Problems</b> <b>Colin Holyk, BSc(Pharm)</b>  <i>What compounded medications can I prescribe to best help these conditions? What active ingredients can I have compound into what effective bases? How do I prescribe a compounded medication?</i>  <b>Learning Objectives</b> - At the conclusion of this activity, participants will be able to: <ul style="list-style-type: none"> <li>Determine the effective compounded medications you can add to your arsenal of treatment options to help treat dystrophic nails, verruca, and commonly seen, yet difficult to treat foot ailments</li> </ul>	Whistler Ballroom A
0835 - 0905	<b>The Pharmacist Partner as Part of the Prescription Decision Team</b> <b>Colin Holyk, BSc(Pharm)</b>  <i>A case-based presentation on how working with a pharmacist could help you help your patient when you are prescribing medications for patients who present with cardiac failure, kidney failure, or liver failure and multiple disease states and medications. Confused?... "Who you gonna call?"</i>  <b>Learning Objectives</b> - At the conclusion of this activity, participants will be able to: <ul style="list-style-type: none"> <li>Determine what to consider when treating podiatric patients who also present with cardiac failure, kidney failure, or liver failure and multiple disease states and medications</li> </ul>	Whistler Ballroom A
0905 - 0930	<b>Cavus Foot Type and Neuromuscular Disorders</b> <b>Elliott Bogusz, MD, FRCPC, CSCN</b>  <i>This presentation will review common and concerning etiologies of cavus foot type including diabetes, chronic inflammatory demyelinating neuropathy and Charcot-Marie Tooth. Each of these etiologies has common characteristics electrodiagnostic studies including nerve conduction studies and electromyography. Additional investigations serve as confirmation before piloting patients down treatments that can involve intense immunosuppression regimens. Presentation will include interactive Q&amp;A throughout.</i>  <b>Learning Objectives</b> - At the conclusion of this activity, participants will be able to: <ul style="list-style-type: none"> <li>Understand the clinical aspects of common and treatable etiologies</li> <li>Understand the role of electrodiagnostic studies in diagnosis</li> <li>Understand the role of investigations and genetic testing</li> <li>Cover common treatment options</li> </ul>	Whistler Ballroom A

Friday, September 28, 2018

<p>0930 - 1000</p>	<p><b>Peripheral Neuropathy Update</b> <b>Elliott Bogusz, MD, FRCPC, CSCN</b></p> <p><i>This presentation will include review of small and large fiber type presentations of peripheral neuropathy including symptoms and signs. The aim will be to hone into characteristics identifiable by podiatrists that will prompt appropriate referrals for electrodiagnostic studies including nerve conduction studies and electromyography. Presentation will include interactive Q&amp;A throughout.</i></p> <p><b>Learning Objectives</b> - At the conclusion of this activity, participants will be able to:</p> <ul style="list-style-type: none"> <li>• Conduct a review of neuropathy fiber types symptoms</li> <li>• Conduct a review of clinical signs of neuropathy</li> <li>• Determine when to request EMG/NCS</li> <li>• Understand the role of podiatrists in neuropathy management</li> </ul>	<p>Whistler Ballroom A</p>
<p>1000 - 1030</p>	<p>Refreshment Break amongst Exhibits</p>	<p>Whistler Ballroom B&amp;C</p>
<p>1030 - 1100</p>	<p><b>In-Office Emergencies - What to Expect, What to have on Hand and What to Do</b> <b>Sam Gutman, MD, CCFP(EM)(SEM), FCFP</b></p> <p><i>This presentation will highlight the preparation and planning required to safely handle in office emergencies, based on the type of patients, procedures and experience of each individual practice, while reviewing best practices, standards, and expectations. Training and certifications of practitioners and staff members will be discussed and recommendations made. Also, emergency equipment, supplies, and medications will be reviewed. How to develop and practice basic emergency procedures will also be covered.</i></p> <p><b>Learning Objectives</b> - At the conclusion of this activity, participants will be able to:</p> <ul style="list-style-type: none"> <li>• Develop an Emergency Plan specific for each office</li> <li>• Understand roles of staff members in the office</li> <li>• Understand training and Certifications required</li> <li>• Determine emergency equipment and supplies needed</li> </ul>	<p>Whistler Ballroom A</p>
<p>1100 - 1130</p>	<p><b>Case study for "Post-surgical Repair of Chronic Recurrent Bilateral Ankle Sprains and Instability in relation to Return to High Level Competition"</b> <b>Matt Holtzmann &amp; Steve Mah</b></p> <p><i>Sui Wenjing China Olympic pairs figure skater suffered from recurrent ankle sprains and instability due to repetitive falls on the ice. Underwent surgical repair of torn lateral ankle ligaments to restore ankle stability. Post-surgical rehabilitation and high performance training considerations in addition to podiatric management. Athlete returns to elite competition within one year following surgery.</i></p> <p><b>Learning Objectives</b> - At the conclusion of this activity, participants will be able to:</p> <ul style="list-style-type: none"> <li>• Understand the integration of podiatric management with sport rehabilitation</li> </ul>	<p>Whistler Ballroom A</p>

Friday, September 28, 2018

1130 - 1200	<p><b>The Importance of Diabetes</b> <b>Scott Schumacher, DPM, DABFAS, DABPM, FAPWHC</b></p> <p><i>This presentation will discuss the seriousness of diabetic foot ulcers as shown in the literature and provide an update on the Abbotsford project.</i></p> <p><b>Learning Objectives</b> - At the conclusion of this activity, participants will have:</p> <ul style="list-style-type: none"> <li>• A statistical understanding on the importance of diabetes in Canada</li> </ul>	Whistler Ballroom A
1200 - 1230	<p><b>How to be Compliant with Current Sterilization Standards</b> <b>Todd Purdie</b></p> <p><b>Learning Objectives</b> - TBD</p> <ul style="list-style-type: none"> <li>• Selecting an autoclave that meets regulatory requirements</li> <li>• Location and flow of the sterilization process</li> <li>• Sterilization monitoring – products and why it is important for infection control</li> <li>• Documenting the results of sterilization</li> </ul>	Whistler Ballroom A
1230 - 1330	Lunch amongst Exhibits	Whistler Ballroom B&C
1330 - 1500	<p><b>All You Need To Know about Buying and/or Selling a Professional Practice</b> <b>Brian Rudy, B.Sc. McGill 1989, LL.B. UBC 1994</b></p> <p><i>This presentation will address what a podiatrist needs to do from a legal prospective to increase value of their practice and prepare it for a smooth transition.</i></p> <p><b>Learning Objectives</b> - At the conclusion of this activity, participants will be able to:</p> <ul style="list-style-type: none"> <li>• Understand how a practice transition will work</li> <li>• Understand operational issues to address prior to sale</li> <li>• Understand transition timelines</li> </ul>	Whistler Ballroom A
	<p><b>How to Properly Value the “Worth” of a Podiatry Practice</b> <b>Gurprit Mann, CPA, CA, MBA</b></p> <p><i>This presentation will cover the parameters used in assessing the value of a podiatry practice. The concept of goodwill will be reviewed and how it adds value to a practice, as well as measures that can be taken to increase goodwill. The most common valuation methods will be covered, and will include a review of things that you should be doing now, in order to start planning for a future practice sale, as well as pitfalls to avoid.</i></p> <p><b>Learning Objectives</b> - At the conclusion of this activity, participants will be able to:</p> <ul style="list-style-type: none"> <li>• Understand the valuation process, and key drivers of value</li> <li>• Understand the valuation methodologies commonly used</li> <li>• Ways to increase value</li> <li>• Planning for a sale, and pitfalls to avoid</li> </ul>	
1500 - 1530	Refreshment Break amongst Exhibits	Whistler Ballroom B&C

Friday, September 28, 2018		
1530 - 1600	<p><b>DVT Prophylaxis in Foot &amp; Ankle Surgery - Update</b> Francis Chan, DPM</p> <p><b>Learning Objectives</b> - At the conclusion of this activity, participants will be able to:</p> <ul style="list-style-type: none"> <li>• Discuss incidence of DVTs, indications for DVT prophylaxis, and chemoprophylaxis options</li> </ul>	Whistler Ballroom A
1600 - 1630	<p><b>Pediatric Paronychia - Setting Expectations</b> Francis Chan, DPM</p> <p><b>Learning Objectives</b> - At the conclusion of this activity, participants will be able to:</p> <ul style="list-style-type: none"> <li>• Compare outcomes between Adult Paronychia VS Pediatric Paronychia treatment</li> <li>• Discuss treatment options for Pediatric Paronychia</li> <li>• Discuss perioperative management aspects for Pediatric Paronychia</li> </ul>	Whistler Ballroom A
1630 - 1700	<p><b>Addictions and Substance Abuse Issues in the Work Place</b> Michael Watt, Barrister and Solicitor, Alexander Holburn Beaudin &amp; Lang LLP</p> <p><i>This presentation will assist you to identify and respond to employee addiction and substance abuse issues. Addiction and substance abuse has been found to be a disability under human rights law. As employer you are entitled to ensure that your employees are fit to perform their duties, and you are required to ensure that they do not pose a safety risk to themselves or others while at work. Employers will be required in most cases to allow an employee unpaid time off to seek medical assistance related to a disability, and to return to work once they are fit to do so. An employee causing harm to the business or refusing to seek assistance may be able to be terminated for just cause. This presentation will review steps to be taken by an employer to identify and deal with addiction and substance abuse issues of an employee with the goal of achieving the best outcome for all parties.</i></p> <p><b>Learning Objectives</b> - At the conclusion of this activity, participants will be able to:</p> <ul style="list-style-type: none"> <li>• Recognize signs of addiction and substance abuse</li> <li>• Protect the business</li> <li>• Assist the employee</li> <li>• Achieve the best outcomes</li> </ul>	Whistler Ballroom A
1700 - 1800	Reception amongst Exhibits	Whistler Ballroom B&C

Saturday, September 29, 2018		
0730 - 1700	Conference Registration	Whistler Ballroom Foyer
0730 - 0830	Breakfast amongst Exhibits	Whistler Ballroom B&C
0830 - 0900	<p><b>Dark Marks on the Feet: When to Worry</b> <b>Brian Kunimoto, MD, FRCPC</b></p> <p><i>Dark marks appear on any part of the body and the foot is no exception. Arriving at a differential diagnosis requires one to consider which entities can cause dark spots on the foot and the nails. While the list is not long, there are some causes that should appropriately result in enough worry to warrant skin biopsy. Clinical dermoscopic features that help in making a diagnosis will be reviewed. There will also be some focus on nail discoloration.</i></p> <p><b>Learning Objectives</b> - At the conclusion of this activity, participants will be able to:</p> <ul style="list-style-type: none"> <li>• Review the clinical and dermoscopic features of skin conditions that present with dark marks on the feet</li> <li>• Discuss the role of dermoscopy in diagnosis</li> <li>• Focus on when skin/nail biopsy is warranted</li> <li>• Focus on pigmentation of the toenail</li> </ul>	Whistler Ballroom A
0900 - 0930	<p><b>Large Displacement Correction with the Austin: Anything but a Lapidus</b> <b>Lawrence Oloff, DPM, FACFAS</b></p> <p><i>The Lapidus Procedure has enjoyed increasing popularity because of its consistent results and trending towards greater aggressiveness to abnormal intermetatarsal angles. Alternatives to the Lapidus Procedure will be discussed and where these alternatives may have a place in selective patients.</i></p> <p><b>Learning Objectives</b> - At the conclusion of this activity, participants will be able to:</p> <ul style="list-style-type: none"> <li>• Appreciate that not all high intermetatarsal angle bunion patients require Lapidus Procedures</li> <li>• Understand which patient populations can be served by less morbid procedures with quicker recovery approaches</li> </ul>	Whistler Ballroom A
0930 - 1000	<p><b>Non-narcotic Options for Perioperative Pain Management</b> <b>Maire Durnin, MD, MSc., PhD, CCFP, ABAM Diplomate, CCSAM, CISAM, MRO</b></p> <p><i>This presentation will cover: Psychological considerations in pain management; Injection analgesia; Non-narcotic analgesics – Tylenol and NSAIDS; Gabapentin/Lyrica; Steroid injections; Topical medications; Physical therapies.</i></p> <p><b>Learning Objectives</b> - At the conclusion of this activity, participants should:</p> <ul style="list-style-type: none"> <li>• Have an improved understanding of the management of acute pain with minimization of narcotic medication</li> </ul>	Whistler Ballroom A

Saturday, September 29, 2018		
1000 - 1030	<p><b>Perioperative Narcotic use for Pain Management</b> <b>Maire Durnin, MD, MSc., PhD, CCFP, ABAM Diplomate, CCSAM, CISAM, MRO</b></p> <p><i>This presentation will cover: Pre-op assessment – do they need narcotics for this procedure; Patient selection; What are the risks; Narcotic selection – side effects; Maintenance of analgesia in acute management; Suboxone, Naloxone and Naltrexone – special cases; Tapering opiate medications; Function vs. pain.</i></p> <p><b>Learning Objectives</b> - At the conclusion of this activity, participants should:</p> <ul style="list-style-type: none"> <li>• Have an improved understanding of patient selection, biases and risks of narcotic use, and minimization of the risk of adverse consequences</li> </ul>	Whistler Ballroom A
1030 - 1100	Refreshment Break amongst Exhibits	Whistler Ballroom B&C
1100 - 1130	<p><b>Inflammatory Arthritis Update</b> <b>Kam Shojania, MD, FRCPC, Scientist</b></p> <p><b>Learning Objectives</b> - At the conclusion of this activity, participants will be able to:</p> <ul style="list-style-type: none"> <li>• Understand how to make a diagnosis of inflammatory arthritis (RA, psoriatic arthritis)</li> <li>• Understand the basic initial workup of patients with suspected inflammatory arthritis</li> <li>• Understand referral and overview of the medical management of inflammatory arthritis</li> </ul>	Whistler Ballroom A
1130 - 1200	<p><b>Gout Update</b> <b>Kam Shojania, MD, FRCPC, Scientist</b></p> <p><b>Learning Objectives</b> - At the conclusion of this activity, participants will be able to:</p> <ul style="list-style-type: none"> <li>• Understand the pitfalls in diagnosing acute and chronic gout</li> <li>• Discuss diet and renal function in the setting of confirmed gout</li> <li>• Understand the role of podiatry in the diagnosis and management of gout</li> </ul>	Whistler Ballroom A
1200 - 1230	<p><b>Hallux Rigidus: Evolution in Management</b> <b>Lawrence Oloff, DPM</b></p> <p><i>The treatment of hallux rigidus has evolved from a “one size fits all” perspective, to one that not only chooses procedures based on the condition of the cartilage, but chooses based on functional outcomes necessary that best fits the patient’s goals. New implants will be discussed as well.</i></p> <p><b>Learning Objectives</b> - At the conclusion of this activity, participants will be able to:</p> <ul style="list-style-type: none"> <li>• Evaluate Hallux Rigidus and determine when to do a joint preservation procedure versus a joint destructive procedure</li> <li>• Understand what surgical choices exist that might broaden attempts to maintain joint integrity and function</li> </ul>	Whistler Ballroom A
1230 - 1330	Lunch amongst Exhibits	Whistler Ballroom B&C

Saturday, September 29, 2018		
1330 - 1400	<p align="center"><b>Bunion Chair</b>  <b>Moderator - Francis Chan, DPM</b>  <b>Panel - Dr. Joseph Stern, Dr. Anthony Yung, Dr. Gavin Chalmers, Dr. Lawrence Oloff</b></p>	Whistler Ballroom A
1400 - 1430	<p><b>Differential Diagnosis of Heel Pain</b>  <b>Lawrence Oloff, DPM, FACFAS</b></p> <p><i>Heel pain represents one of the most common conditions we see in practice. While plantar fasciitis is the most common cause of heel pain, the differential diagnosis for heel pain is rather extensive. These other causes will be reviewed and treatments considered.</i></p> <p><b>Learning Objectives</b> - At the conclusion of this activity, participants will be able to:</p> <ul style="list-style-type: none"> <li>• Understand the differential diagnosis of heel pain</li> <li>• Appreciate how to diagnosis these other entities from both a clinical and testing perspective</li> </ul>	Whistler Ballroom A
1430 - 1500	<p><b>Complications of Subtalar Implants</b>  <b>Lawrence Oloff, DPM, FACFAS</b></p> <p><i>Subtalar implants have been increasingly used for severe and/or unresponsive flatfoot deformity. Usage of these implants have their own unique set of complications. These complications and the reasons for them will be reviewed.</i></p> <p><b>Learning Objectives</b> - At the conclusion of this activity, participants will be able to:</p> <ul style="list-style-type: none"> <li>• Appreciate the complications of subtalar implants</li> <li>• Understand why they occur and how to best manage them</li> </ul>	Whistler Ballroom A
1500 - 1530	Refreshment Break amongst Exhibits	Whistler Ballroom B&C
1530 - 1600	<p><b>Stiff Soled Shoes and Rocker Profiles: A review of Key Models</b>  <b>Phil Moore, BA-BPHE</b></p> <p><i>Over the last few years footwear prescriptions have included requests for stiff rockered shoes as well as graphite inserts or modifications in an effort to minimize forefoot flexion. As far as athletic footwear is concerned the HOKA brand has been a key choice. It's thick cushioned midsole and canoe-like construction helps ensure long term stiffness from heel to toe. Other athletic shoes are beginning to lodge nylon plates in the midsole of the shoe in order to create a spring like action at toe off. Graphite plates are available and are versatile enough to be moved from one shoe to another. These plates can also be a good short term solution and less costly for some individuals looking for stiffness across all footwear categories. Graphite plates can also be custom heat molded in the shop or permanently lodged into the midsole of almost any shoe by an experienced shoe cobbler.</i></p> <p><b>Learning Objectives</b> - At the conclusion of this activity, participants will be able to:</p> <ul style="list-style-type: none"> <li>• Look at and physically examine examples of all of these products</li> <li>• Discuss when and where to use these tools as part of patient care</li> </ul>	Whistler Ballroom A

*Saturday, September 29, 2018*

1600 - 1630	<b>Session - TBD</b>	Whistler Ballroom A
1630 - 1715	<b>Medicolegal Matters</b> <b>Nigel Trevethan, Partner</b>  <b>Learning Objectives - TBD</b>	Whistler Ballroom A





# Program

## Sunday

BCPMA Annual Scientific Seminar  
Sept 28 - 30 | Richmond, BC  
River Rock Casino Resort



Sunday, September 30, 2018		
0800 - 1200	Conference Registration	Whistler Ballroom Foyer
0800 - 0900	Breakfast	Whistler Ballroom Foyer
0900 - 1000	<b>Radiology Review</b> <b>Bert Mollica, DPM</b>  <i>Presentation of Radiology Cases for the purpose of discussion and audience interaction.</i>	Whistler Ballroom A
1000 - 1015	Stretch/Refreshment Break	Whistler Ballroom Foyer
1015 - 1100	BCPMA Annual General Meeting – <i>for Members only</i>	Whistler Ballroom A
1100 - 1330	College of Podiatric Surgeons of BC Annual General Meeting – <i>for College registrants and invited guests of the Board</i> – <i>a light lunch will be provided</i>	Whistler Ballroom A